

**EVERYTHING YOU NEED TO KNOW TO  
STEP UP**



## What is CISV?

CISV is a secular, non-government, and not-for-profit international organisation that runs programs in over 60 countries.

CISV programs are designed to develop cultural understanding and learn about the world through real life experiences.

CISV has over 60 years experience internationally and has had more than 200,000 people participate in its international programs.

## What is Step Up?

Step Up is a 21 day residential program for 14 or 15-year-olds which encourages the participants from up to 9 different countries to take responsibility for leadership and program planning.

The participants, with help from their leaders, plan activities and workshops around a chosen educational theme such as democracy, identity or sustainability.







# WHY 14 & 15-YEAR-OLDS?

**READY TO TAKE ON  
RESPONSIBILITIES**

**CAPABLE OF  
UNDERSTANDING  
COMPLEX ISSUES**

**ABLE TO WORK  
ALONGSIDE ADULTS**

**WANTING TO  
EXPLORE ISSUES IN  
THE WORLD AROUND  
THEM**



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# STEP UP PROGRAM

## Pre-Program

**Program theme decided – something that participants are interested in.**

**Participants begin brainstorming activities, and issues to explore.**

## Planning Activities

**All activities are co-designed by both participants and leaders. It is ensured that there is a balance of:**

- active and quiet**
- individual and group**
- educational and fun**
- theoretical and practical**



# SAFETY & SUPPORT

Leaders are selected through a rigorous application process which includes a working with children check, a police check and contacting at least 2 referees. Leaders then must attend minicamps in order to get to know CISV and their delegates, as well as to develop the necessary skills to be an effective leader during Step Up. They are also required to undertake CISV training in what to expect during Step Up, what is required of them and how to ensure the welfare of their delegates.

During the lead up to Step Up, delegations meet up in order to get organised for the program and to get to know each other. Parents are also able to get to know the leader and can assess their capability. Any concerns are encouraged to be raised so they can immediately be addressed.



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# CHILD PROTECTION POLICY

**CISV makes the protection of children their first priority. CISV Australia has and abides by a strict Child Protection Policy which covers all relevant Australian laws.**

**Our leaders have all read and agreed to abide by this policy both when in Australia and overseas, as well as having passed a working with children check and national police check.**

**Internationally, CISV implements a Child Protection Policy, based on UK law, which all countries must abide by.**





# **COST**

**Program fee: all inclusive of accommodation, food, travel insurance, tshirt and membership**

**Flight + ¼ of leader's: dependent on location**

**Visa + ¼ of leader's: dependent on location**

**Spending money: approximately \$200.00**



**INTERESTED?**

**CONTACT YOUR LOCAL CHAPTER**

**PERTH**

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**SYDNEY**

**[sydney@au.cisv.org](mailto:sydney@au.cisv.org)**

**VICTORIA**

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